

breaking patterns

- *Make your dreams come true*

Target Group

Unemployed people who need to re-activate their competencies, skills and networks in a new direction.

(Particularly good results with graduates, seniors, managers, people heading back into the job market as well as highly trained internationals.)

Breaking Patterns consists of a series of activities:

1. *Breaking Patterns General*: You need to re-think and re-orientate yourself within a given industry, and you need to re-think your skills and activate network.
2. *Breaking Patterns – now with job openings*: Concrete companies with job openings in the centre of Aarhus.
3. *Creativity and Breaking Patterns*: You may or may not have an education within music, art, sound, light, electronics, song writing, booking, events, design, drama, set design, film & television, journalism, dance, multimedia design, acting, teaching and pedagogy as well as other creative skills.



Content

- Business contact
- Competencies and values
- Networking. SBK Scandinavia puts its broad business network into play
- Individual coaching
- Your daily work in a professional working environment.

Quality

Participants express that they "... *experience a focused, dedicated and professional work culture at SBK Scandinavia, grounded in respect for the individual. The combination of business contacts, competencies and the approach to networking creates a way to try out a whole new direction into work, and it provides an opportunity to show what you can.*"

Duration

Breaking Patterns adapts to the needs of each individual, typically 4 or 6 weeks.

Contact

Individual agreements are concluded with SBK Scandinavia A/S.

Contact Gitta Jensen, tel. 86 77 00 11, mail glj@sbk.dk.

Wellcome!

